



**LiveFitMagazine.com** is an online video and article publication that features content that helps its audience Live Fit. Travel, cooking segments, fitness, business tips for entrepreneurs, special events, lifestyle topics.



**ThePlantBasedDiet.com** is an online video and article publication that features content on plant-based eating, recipes, interviews and stories on the environment, healthy living, conservation, and The Plant-Based Challenge to recruit 1 Million people to live a healthy lifestyle.



**LiveFitFilms.com** is a full-service, brand journalism agency that helps companies gain exposure and loyal followers through Video News Stories, content creation, marketing campaigns, event planning, social media, and public relations.

**PCIN.TV is your source for information and stories that matter on a variety of topics that improve your life and help you Live Fit. Watch our special shows and segments LIVE or when you want to see them on any device from your TV to your smartphone. We're connecting viewers and businesses through Video News Stories and programming they want to see.**



**REAL ESTATE HELP**

**SDRealEstateHelp.com** is an online video and article publication that provides real estate resources for buyers and sellers. The site also connects consumers with industry professionals.

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**PHOEBE CHONGCHUA**

**INTERNET NETWORK TV**

Phoebe Chongchua is an entrepreneur, founder of the Phoebe Chongchua Internet Network TV, **PCIN.TV**. An online video broadcasting network and online video magazines for consumers, and a Brand Journalism Video Marketing & Public Relations Agency, **Live Fit Films**. She is an author, TV Host, and a multimedia journalist. She holds a Real Estate license in California, is a Whole-Food, Plant-Based Specialist, Yoga teacher, and mom of a college-age daughter.

